



**CHAMPLAIN DEMENTIA NETWORK  
DIAGNOSTIC ASSESSMENT & TREATMENT SERVICES**

**EASTERN COUNTIES**

<b>1. MEMORY DISORDER CLINIC (MDC) EASTERN COUNTIES</b>	
<p><u>Central Intake:</u> Champlain Community Care Access Cornwall Office A variety of sites are available for the convenience of your patient <b>*** Physician referral needed***</b></p>	<p>Cornwall Telephone: 613-936-1171 / 1-800-267-0852 Cornwall Fax: 613-933-9916</p>
<ul style="list-style-type: none"><li>➤ One of the primary purposes of these clinics is to assist in the diagnosis of memory problems.</li><li>➤ To provide a comprehensive multidisciplinary assessment of memory problems in patients over 60 years of age who reside within the five Eastern Counties but outside of the long term care homes.</li><li>➤ To assist in the management of symptomatic behaviours by recommending physiological, environmental, psychiatric and/or community based support services and strategies for the patient/caregiver as appropriate.</li></ul>	
<b>2. MEMORY DISORDER CLINIC (MDC)</b>	
<p>Élisabeth-Bruyère Hospital 75 Bruyère St. Room # 298-22 Ottawa ON K1N 5C7 <b>***Physician referral needed***</b></p>	<p>Telephone: 613-562-6322 Fax: 613-562-6013</p>
<ul style="list-style-type: none"><li>➤ The main focus is the diagnosis of early dementia (mild to moderate) and the difficult diagnosis of atypical patients with dementia at any stage and at any age.</li><li>➤ Typically the patients function at a high level and do not have significant other psychiatric conditions, complex medical problems, or a history of head injury or severe developmental delay.</li><li>➤ Neurology, Neuropsychology, and Nursing.</li><li>➤ Referral to MDC is appropriate for patients requiring complete dementia work-up.</li></ul>	
<b>3. ROYAL OTTAWA MENTAL HEALTH CENTRE</b>	
<p>1145 Carling Avenue Ottawa ON K1Z 7K4 <b>***Physician referral needed***</b></p>	<p>Telephone: 613-722-6521 x 6507 Fax: 613-798-2999 (Geriatric Program Intake Secretary)</p>
<ul style="list-style-type: none"><li>➤ This program offers a range of services to meet the mental health needs of persons 65 years of age and older. Patients suffering from dementia with concurrent depression, psychosis or behavioural problems are assessed and treated by a bilingual, multidisciplinary team. Services offered are:</li><li>➤ The <b>Outpatient Clinic</b> is a consultation service offering professional advice and psychiatric expertise to primary care physicians. The clinic provides the initial assessment for all patients referred to the program.</li><li>➤ The <b>Outreach Service</b> provides consultative and educational services to most long-term care homes in Ottawa. A psychiatrist and nurse work together to support staff and residents in these long term care homes.</li><li>➤ The <b>Day Hospital</b> provides a time limited day treatment for persons who require urgent and intensive treatment, but can safely live in the community. The <b>Inpatient Service</b> treats patients with complex psychiatric illnesses that require specialized inpatient care. These two services are available as determined by the initial outpatient or outreach consultation.</li></ul>	

#### 4. TRI-COUNTY MENTAL HEALTH SERVICES –PSYCHOGERIATRIC SERVICE

132 Second St. E., Suite 104  
Cornwall, ON  
K6H 1Y6

**\*\*\*Physician referral not required\*\*\***

Telephone: 613-932-9940  
Fax: 613-932-9945  
1-800-465-8061

- Tri-County Mental Health Services-Psychogeriatric Service (TCMHS-PS) is a community mental health program of the Cornwall Community Hospital. The program covers the counties of Stormont, Dundas, Akwesasne and Glengarry, including the City of Cornwall.
- TCMHS-PS is a multi-disciplinary team that offers bi-lingual assessment and counseling to people over the age 65. The team has three parts. The Community Team, the Outreach team and the Psychogeriatric Resource Consultant. The community Team meets with client wherever they are excluding hospitals or long term care homes. We have offices in Cornwall, Winchester and Alexandria, however, most interventions takes place in client's homes. The Outreach Team works exclusively with people in the 11 long term care homes in SD&G.
- Our target population includes people with mood disorders, anxiety or other mental health or psychiatric issues or people with a diagnosis of dementia who are exhibiting particularly challenging mental health or behavioural changes. TCMHS-PS utilizes the services of psychogeriatricians from the Royal Ottawa Mental Health Centre. They offer an assessment and consultation service in conjunction with TCMHS-PS professional staff.

#### 5. MONFORT HOSPITAL

PRESCOTT and RUSSELL GERIATRIC PSYCHIATRY SERVICES  
480 McGill St, Suite 101  
Hawkesbury, ON  
K6A 1R2

**\*\*\* Physician referral needed\*\*\***

Telephone: 613-632-7763  
Fax: 613-632-0472  
1-800-316-7750

- The Prescott and Russell Geriatric Services provide bilingual services to persons 65 years of age and older who have a mental health problem and require outreach services. Dementia is not our focus of intervention, unless it is associated with psychiatric or behavioural problems.
- Nurses will work with the person and family/caregiver in the patient's place of residence, providing assessment, counseling, and advice regarding behavioural problems, community services and future planning.
- Psychiatric consults are available to treat concomitant depression, behavioural problems, or other psychiatric problems. This usually entails doing a visit in the patient's place of residence.

#### 6. GERIATRIC CLINIC – WINCHESTER DISTRICT MEMORIAL HOSPITAL

This program utilizes the services of a Geriatrician (Regional Geriatric Program of Eastern Ontario) and a team member (CCAC, Pembroke Branch).

Central Intake: Champlain Community Care Access Centre  
Pembroke Office  
A variety of sites are available for the convenience of your patient

**\*\*\* Physician Referral needed\*\*\***

Telephone:  
613-774-2422 ext. 5227  
1-800-267-0852  
Fax: 613-774-6856

- One of the primary purposes of these clinics is to assist in the diagnosis, treatment and management (services, safety, future planning) of persons with cognitive impairment (e.g. dementia, delirium, depression).
- We also see persons with undiagnosed falls for diagnosis and management purposes. Given the volume of people with dementia who are being referred, we can only do this to a limited degree.